MTB RDB HKG RNG

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Track : 2015-10-03 Cima del Morretano	TRAIL DIFFICULTY
Detected modality = HKG (Hiking)	Score
Reanalyzed as BYC (Bicycle) RNG (Running)	**IBP = 75 HKG**

Reliability of the original trail: A (561/81/0/-/-/81)

Level of correction applied to the trail: 0

Total length: 13.643 Km mi / ft ?	**Max slope filter:** ~55 %
Analyzed distance: 13.643 Km	**Min. ponts separation:** ~30 m
Lineal distance: 0.021 Km	**Number of points:** 2725 (cad. 5.01 m)
	Significant points: 421 (cad. 32.48 m / 15.45 %)

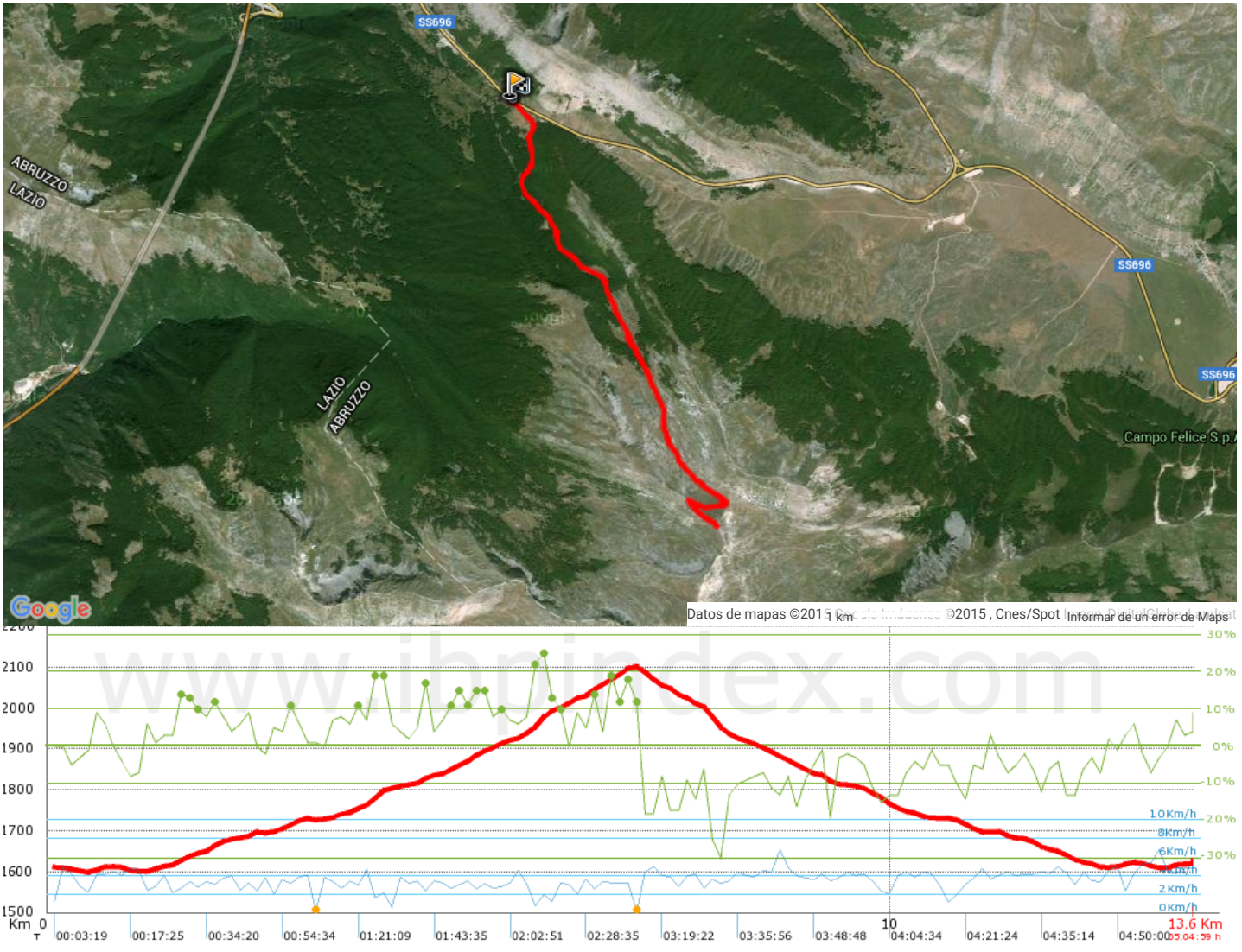
Accumulated climb: 561.2 m	info Points list
Accumulated descent: 546.21 m	
Maximum height: 2101.1 m	
Minimal height: 1598.81 m	
Climb rate: 8.72 %	
Descent rate: 8.45 %	
Positive climb difference per Km: 41.13 m	
Negative descent difference per Km: 40.04 m	

Direction changes per Km: 15.47
Direction changes >5º per Km: 10.63
Accumulated straight stretches: 2.5 Km
Straight stretches per Km: 183.24 m
Penalizables slope changes: 3
Penalizables slope changes per Km: 0.22

Total time: 5:04:59 h
Time in movement: 4:16:51 h
Stopped time: 0:48:08 h

Total speed average: 2.68 Km/h
Average speed in movement : 3.19 Km/h
Maximum held speed: 6.67 Km/h

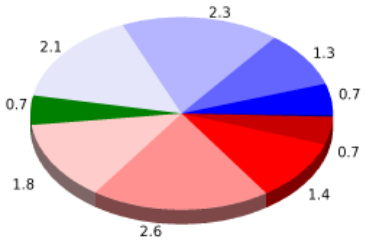
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Altitude | Slope % | Climb > 10% | Speed Km/h | Speed > 10 Km/h | Speed < 0.5 Km/h

Summary of slopes Km



Climbs	Distance Km	Km above the total in %	Speed in Km/h	Time h:m:s
Between 30% and 55%	0.031	0.23	1.72	0:01:05
Between 15 and 30%	0.66	4.84	2.2	0:18:02
Between 10 and 15%	1.365	10.01	2.53	0:32:20
Between 5 and 10%	2.556	18.74	3.04	0:50:24
Between 1 and 5%	1.822	13.36	3.04	0:35:57
Total	6.434	47.16	2.8	2:17:48
Plain				
Difference of 1%	0.742	5.44	3.07	0:14:30
Breakdown descents				
Between 1 and 5%	2.122	15.55	3.82	0:33:22
Between 5 and 10%	2.274	16.67	3.96	0:34:28
Between 10 and 15%	1.332	9.76	3.52	0:22:41
Between 15 and 30%	0.705	5.17	3.16	0:13:22
Between 30% and 55%	0.035	0.26	3.13	0:00:40
Total	6.467	47.4	3.71	1:44:33
Total track:	13.643	100 %	3.19	4:16:51

High altitude parameters, data above 1500 m

Altitude m	Distance Km	% of total	Time in movement	Speed	Stopped time	Total time	Speed total
2000	1.737	12.73	0:34:51	2.99	0:32:35	1:07:26	1.55
1750	4.751	34.83	1:33:49	3.04	0:05:39	1:39:28	2.87
1500	7.155	52.44	2:08:11	3.35	0:09:54	2:18:05	3.11
Total:	13.643 Km	100 %	4:16:51 h	3.19 Km/h	0:48:08 h	5:04:59 h	2.68 Km/h

Stops

Distance Km	Stopped time	Altitude	Elapsed time	Last stop elapsed time	Last stop distance
3.08	0:09:54	1730	1:01:24	1:01:24	3.08
3.977	0:03:03	1798	1:29:45	0:28:21	0.897
5.708	0:02:36	1944	2:07:23	0:37:38	1.731
6.899	0:32:35 > 10'	2098	2:41:59	0:34:36	1.191
Total:	0:48:08 h				

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2013-08-09 Pietra Corniale (RNG)	Ref.: 36511309914406
2013-08-04 Pietra Corniale (RNG)	Ref.: 36511309914467
2013-08-06 Pietra Corniale (RNG)	Ref.: 36511309913793

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